

PLEASE REGISTER YOUR NEW PRODUCT

To register your product online please go to:

www.ropeflex.com/warranty-and-registration

Product serial number is located on equipment or is shown in the box below

SERIAL NUMBER

If serial number is not shown
please check equipment

ROPEFLEX®

ORYX 2 | RX5500

Product Manual

DOC: 32-5500

Configuration subject to change

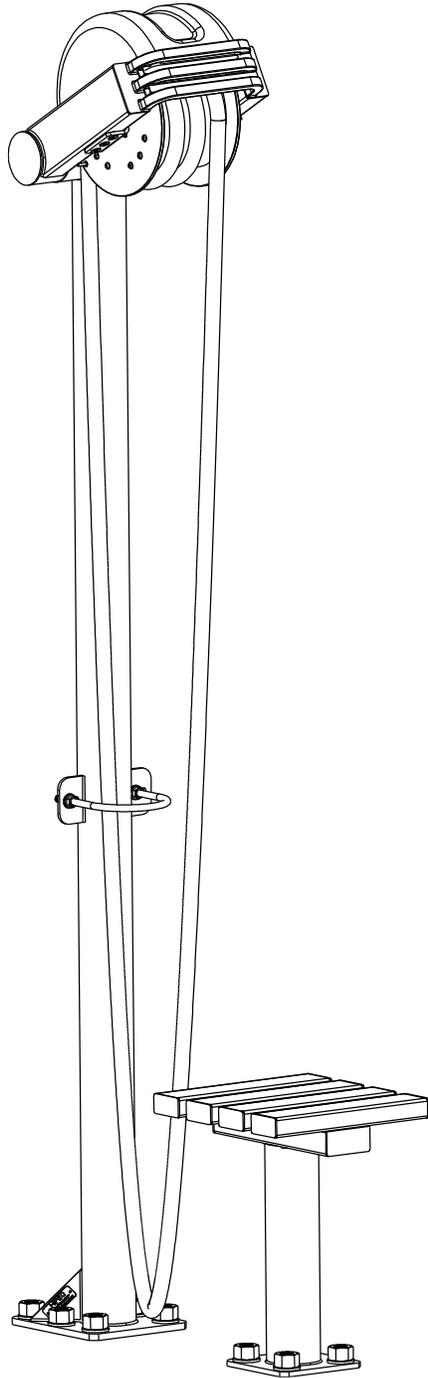
IMPORTANT PRECAUTIONS

 **WARNING:** To reduce the risk of serious injury, read the following important precautions before using this equipment.

1. Read all instructions in this manual and assemble as described before using this equipment.
2. It is the responsibility of the owner to ensure that all users of this equipment are adequately informed of all precautions.
3. Use this equipment only on a level surface. Cover the floor beneath to protect the surface.
4. Keep children under 12 and pets away from the equipment at all times.
5. Make sure all parts are properly tightened each time you use this machine. Replace any worn parts immediately.
6. Make sure the adjustment knobs are fully engaged / disengaged before using the equipment.
7. Always wear athletic shoes for foot protection while exercising.
8. This equipment is designed to support a maximum user weight of 300 pounds.
9. Pull on one the rope only and never grab a rope in a way that prevents the drum from rotating. Never attempt to hang on the rope. Pull rope with hands only.
10. If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.

 **WARNING:** Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ROPEFLEX assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

Contents / Parts List



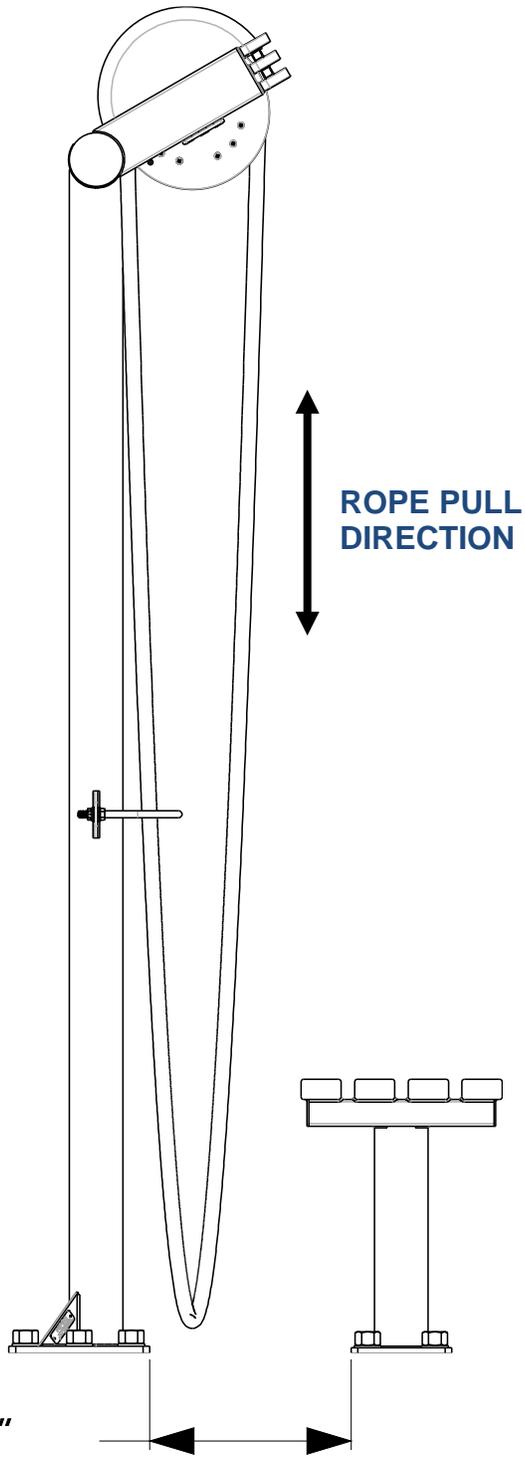
ITEM	QUANTITY	DESCRIPTION
1	1	ORYX II Main mast
2	1	ORYX II Resistance drum (assembled)
3	1	ORYX II Rope (assembled)
4	1	ORYX II Rope U-Bolt (assembled)
5	1	ORYX II Seat assembly
6	1	ORYX II Drum cover (assembled)
7	4	Washer 1/2" SS (assembled)
8	4	Locknut 1/2" SS (assembled)
9	6	Washer 5/16" SS (assembled)
10	6	Socket Screw 5/16"-18 SS (assembled)
11	4	Socket Screw #10-32 SS (assembled)
12	10	Washer 1" Galvanized (un-assembled)
13	10	Nut 1"-8 Grade DH Galvanized (un-assembled)

Installation and Usage

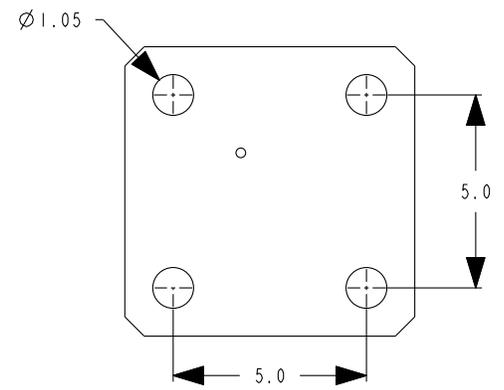
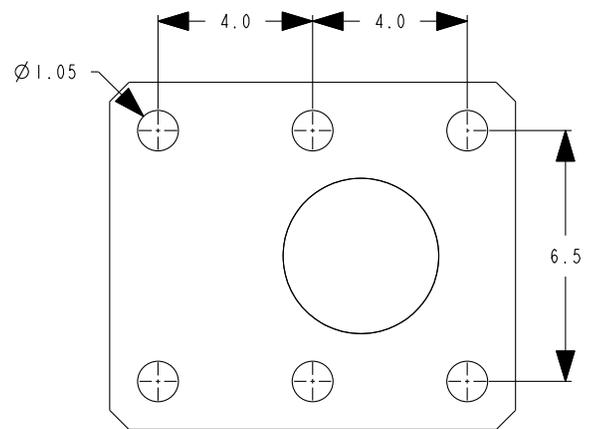
WARNING: Follow installation and usage guidelines

1. Use only supplied hardware.
2. Contact ROPEFLEX if hardware is missing.
3. Contact ROPEFLEX to order additional or replacement parts.
4. All individual assemblies of the equipment shall be mounted on concrete footing.
5. Concrete footing shall comply with all state and federal regulations.
6. Use Structural Hot-Dipped Galvanized J-Hook Anchors 1"-8 to secure equipment (quantity 6 for main post and quantity 4 for seat assembly). Minimum length shall be 36 inches. Anchors shall comply with **ASTM F1554 Grade 105**
7. 1"-8 Structural fasteners shall be properly torqued.
8. Do not hang on the rope or apply load in such a way where the rope is not able move in endless circular motion. Doing so will void warranty.
9. Do not swing on the rope or pull the rope sideways. Doing so will void warranty.
10. Avoid installation of the machine in dusty and sandy areas.

Installation and Usage



MAIN MAST FLANGE



SEAT FLANGE

Equipment Maintenance

WARNING: Routine inspection and maintenance is of critical importance to ensure maximum safety and performance. We use the highest quality materials available, but wear is inevitable. Be advised that dangerous conditions can arise even during a warranty period. A warranty does not negate the owner's responsibility to thoroughly, carefully and daily inspect the machine. Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

1. Check Rope

While the machine is not in use carefully inspect the rope for damage and tears. Carefully inspect connection of rope ends and make sure that stitching (threads) are not torn or damaged. Do not use equipment until damaged rope has been replaced.

2. Nuts/Bolts/Fasteners

Periodically inspect all nuts and bolts. Tighten if needed. If bolts seem to loosen periodically, use Loctite 242 for a long-term cure. Go through a re-tightening sequence periodically to ensure that all hardware is properly tensioned.

3. Adjustments / Locking Pins / Tightening Knobs

Check all pieces for signs of visible wear or damage. Check springs in Snap Links and Pop Pins for proper tension and alignment. If the spring sticks or has lost its rigidity, replace it immediately.

4. Warning Instruction Labels

Inspect and familiarize yourself with all safety warnings and other user information on decals. Replace decals if damaged, illegible, or removed.

WARRANTY

We strive to offer the simplest and fastest resolution to all product related concerns. Our warranty service program gives its customers the option to return the product for repair, exchange or refund if the product is determined to be defective.

- All products are warranted to the original purchaser.
- Warranties apply and cover all defects in material and workmanship.

Frame (excluding coating): Lifetime
Rope, Sheaves, Bearings and Labor: One-Year

- The customer is responsible for the cost of shipment to ROPEFLEX and we will be responsible for the cost of shipment back to the customer. Ship to:

ROPEFLEX
285 Old County Rd. 12
San Carlos, CA 94070 USA

- Out-of-Warranty Products are repaired only with the customers prior approval.
- 15 Day 100% Satisfaction Guarantee includes full refund of purchase price, less shipping, handling and restocking fee equaling 15% of price during purchase. Email for more details. If you decide to return a ROPEFLEX product, simply email us within 15 days to ask for a return authorization number (RMA). Items must be returned in original condition and packaging and postmarked no later than 2 weeks after the date of return authorization.

If you have any questions regarding ROPEFLEX equipment or any instruction found in this document please call 650.549.5888 for assistance.